



松濤館空手道?



## KATA

start at 9.30

YOUTH: boys/girls -10 year

### BOYS

-16 year, lower belts

-16 year, higher belts

### GIRLS

-16 year, lower belts

-16 year, higher belts

### MEN

+16 year, lower belts

+16 year, higher belts

### WOMEN

+16 year, lower belts

+16 year, higher belts

lower belts, up to and including 4<sup>th</sup> kyu

higher belts, from 3<sup>th</sup> kyu on

## SEMI-CONTACT

start at 12.00

### BOYS

up to and including 15 year:

-25 kg; -30 kg; -35 kg;

-40 kg; -45 kg; -50 kg;

-55 kg; -65 kg; +65 kg.

### GIRLS

up to and including 15 year:

-35 kg; -40 kg; -45 kg;

-50 kg; +50 kg.

### MEN

-60 kg; -65 kg; -70 kg;

-75 kg; -80 kg; -90 kg; +90kg.

### WOMEN

-55 kg; -65 kg; -75 kg; +75 kg.

Categories may be combined if there are not enough competitors.

Trophies for every first, second and third place.

### Tournament entries:

Entries are only possible in advance, before **21/02/2026** only by using the attached entry form. > mail to: [ludo.bellemans@skynet.be](mailto:ludo.bellemans@skynet.be)

Price: 15 EURO each discipline.

Payments (for every registered competitor) have to be made before **21/02/2026** on the

Account number : IBAN: BE25230009774182 BIC: GEBABEBB

Bénéficiaire: Funakoshi Karate Tongerlo

**Entries on the day of the competition are NOT possible anymore!**